



stride

NEWS LETTER OF PEEVEES PUBLIC SCHOOL

Letter from the Editorial Team

Dear Peevees family,

Sports have been always seen as a means to stay fit and healthy. But sports teach us more than that. It teaches us lessons in life like teamwork, accountability, responsibility, self-discipline and most importantly it helps us increase our self-confidence. Sports can help train students to face every challenge in life. They improve and enhance the mental and physical abilities of a child and help them develop the sportsman spirit.

Being physically fit is not only a requirement but also a need in today's fast paced world. With kids being obsessed with social media and spending most of their time online be it in classes or on an app, they have lost that bond with the outdoors and spending their time in nature. Sports and physical activity can help them reconnect and start afresh. Be it a walk in the park or a fun game of badminton or even skipping on your terrace, some form of physical activity is a must for a child.

Regular sports can help prevent chronic diseases and develop a healthy heart, strong bones as well as control diabetes, manage weight and improve blood circulation. Not only that, it releases endorphins which help manage the levels of stress that most children these days face. An association with sports and a healthy lifestyle helps us in the long term also.

So we urge all of you to dust off those shoes and go for that run or go for a hike on that hill near your house. We guarantee you that it will make you feel so much better than you do already.

Warm Regards,
Editorial Team,
Stride.



AAZADI KA MAHOTSAV 75th Independence Day Celebrations

India gained independence in the year 1947. But are we as a country actually truly independent? That was some food for thought on our 75th Independence Day for all of us to consider.

To commemorate the 75th Independence Day, an array of events were planned by the Peevees Family. The program was hosted by our very talented Master Qualbe Raj who conducted the entire ceremony with utmost proficiency.

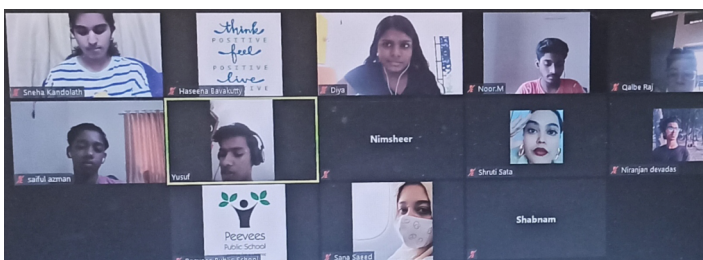
The Flag Hoisting was presided over by Mr. P.V. Abdul Wahab who is the Honourable Chairman of the Peevees Group after which the National Anthem was sung. Our Guest of Honour was Mr. Ajmal Abdul Wahab who is the Director of Peevees Public School.

Our dear Principal Mr. Ashif Ikbal sir addressed the audience after which there were different cultural activities presented by the students of the school. We had Master Saiful give an inspiring speech about our nation which made us believe in our land again. There was a patriotic song performance by Master Krishna and team which evoked feelings of pride and loyalty in our hearts. Finally there was a beautiful dance performance by Kumari Gayathri who gave movement to the feelings in all our beings.

The program ended by a special Vote of Thanks by Ms. Sana Saeed from the Department of English. The entire program was conducted by the Physical Education Department and it went off quite smoothly. We all were at the end of it proud and happy all over again to call ourselves Indians.

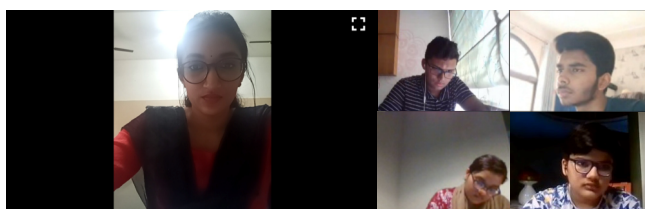


Debate Competition by the English Department on Hiroshima and Nagasaki Day



Wars cause havoc on the lives of the innocent. Wars destroy families and countries. Wars are not the solution for peace. Or are they? The concept of peace being the absence of war is a very fascinating concept. And it was explored in depth by the students of Grade IX and X in an extremely intense debate competition. The debate competition was organised by the English Department on the 11th of August and the Winners were Grade IX followed by Grade X. The students with the best performances were - Best Debater: Sneha Kandolath, Most Promising: Saiful Azman S., and Stimulating Disputant: Diya Fathima C.H. It was a wonderful learning opportunity for the students as most of them were participating in a debate for the first time.

Grade XI Examination Let's Test our Knowledge



The Grade XI Examinations were conducted from the 11th of August to the 17th of August. As the session for Grade XI began much later than the other classes their exams were scheduled for a later date. The students were well prepared and dedicatedly answered their papers. It was a good and new learning experience for the students who have just begun their new journey.

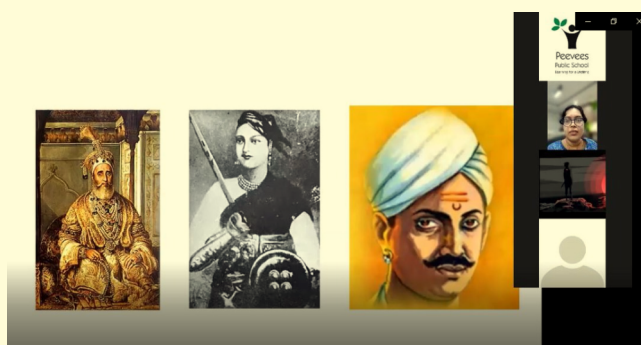
Our Dream is to Fly – Grade X CBSE Results



When good things come, they come in two's or something like that. That is exactly what happened at the beginning of the month of August. The Grade X CBSE Results were declared and in an astounding and astonishing turn of events, our students yet again managed to exceed all our expectations. 43% of our students secured distinction and 43% scored a first class. Our toppers were Nezil Shah who secured a stunning 92.8% followed by Fathima Heba who scored 91.2% and finally Pavan Paul who got an 89.8%. It was a great start to the month and we congratulate all the students for their exceptional performance and the teachers for their dedication to the kids. The result was cent per cent.



How well do we know our Nation???? Quiz Competition by Social Science Department on Independence Day



The Social Science department organised an engaging quiz competition on Independence Day where students of all grades participated in. Students were quizzed about various things related to our freedom struggle and freedom fighters. The students were divided into two categories, the first being Grade 5th to 8th whose topic was General Knowledge on Freedom Struggle and the second being Grade 9th to 12th whose topic was The Indian Freedom Struggle (1857-1947). The winners in Category 1 were Samvritha from Grade VII who stood first and Gayathri from grade VIII who stood second along with Nafees Fasli from Grade VI. In Category 2, the winners were Amir Mirza from Grade X who came first and Saiful Azman from Grade IX who stood second.



POOVILI – ONAM CELEBRATION

Onam marks the first month of the Malayalam calendar known as Chingam. The festival commemorates the appearance of Vamana avatar of Vishnu and the subsequent homecoming of the legendary King Mahabali. Onam is a Hindu festival celebrated by the people of Kerala.

So what is the significance of Onam??? The Language Department helped us discover why we celebrate all the days.....

ATHAM - DAY 1

Celebrations commence from the first day, Atham. The day is regarded holy and auspicious by the people of Kerala. People take early bath on the day and offer prayers in the local temple. Making of Pookkalam or the flower carpet starts from this day. Attha Poo is prepared in the front courtyard by girls of the house to welcome the spirit of King Mahabali in whose honour Onam is celebrated. Boys play a supporting role and help in gathering flowers. In the following days, more flowers are added to Pookalam. As a result Pookalam turns out to be of massive size on the final day.



CHITHIRA- DAY 2

Chithira is the second day of festival. Girls add new flowers to Pookalam which they started on the day of Atham. Boys of the house arrange flowers for the girls. Planning and intense discussions for the big day of Onam begins from this day. Each event is discussed in detail so that nothing remains undone or incomplete.

CHODHI - DAY 3

The third day is called the Chothi. This day witnesses a number of activities. The markets get overcrowded, as people get engrossed with the task of buying new apparels, accessories and various items of decoration for the household.

VISAKAM - DAY 4

Women who have to prepare the elaborate meal of Onasadya on Thiruvonam, gets engaged in the prior preparations on Visakam. Making of various types of pickles and pappadams (papad) besides various other things begins now.

ANIZHAM - DAY 5

A the grand Snake Boat Race event called Vallamkali, which takes place takes place on the fifth day of the Onam. The competition takes place on the banks of the river Pamba at Aranmula.

THRIKETA - DAY 6

By the sixth day, which is known as Thriketa, people who have migrated to other places start visiting their homes to celebrate the Onam festivity along with their family members.

MOOLAM - DAY 7

Pookalam is made in a new design with kondattam (gaiety) on this day with the most beautiful flowers. There is hustle and bustle everywhere as excited people do their last bit of shipping. People get the feel that the time to meet their Onathappan has just come.

POORADAM - DAY 8

Devotees create clay idols in the shape of small pyramids called a Ma. Therefore this day is also called Poorada Uttigal.



UTRADAM - DAY 9

On the day of Utradam, ninth day since the beginning of the festival, houses are well cleaned and decorated and gala feasts are arranged. Then the images of deities and cones made up of sticky clay painted red are placed there. They are known as 'Trikkakara Appan'. These images are adorned with lines tastefully drawn with rice flour mixed with water and then they are worshipped. After the 'puja', the male members raise loud rhythmic shouts of joy known as 'Aarppu Vilikkukal'. House cleaning starts on a massive scale and everything is made to look neat and tidy. There is also a set breakfast consisting of steamed bananas and fried pappadam (pappad). This remains the same till the day of Thiru Onam. A swing is also slung on a high branch of a tree. It is decorated with flowers and the youngsters take great delight in swinging and singing, that goes simultaneously.

THIRU ONAM - DAY 10

Kerala appears in its grandiose best on this day. Cultural extravaganza, music and feasts add joy to the God's Own Country. The Onam celebrations open early in the morning of the Thiru Onam day, at about 4 or 5 a.m. There are celebrations all around the state and everybody takes active participation in them.

COVID-19 Bane or Boon?

Coronavirus—How deadly is this disease and how it changed our lives?

Covid-19 came into our lives at the beginning of last year and it still hasn't disappeared. It is now coming up with newer names just to make our lives more difficult. If adults are facing catastrophic changes to their lives, imagine what children must be going through. Here we have our students describe how Covid has affected and changed their lives in the past year or so.

HOW CORONA HAVE CHANGED OUR LIFE DRAMTICALLY AND DRASTICALLY!

The pandemic has changed how we work, learn and interact, as social distancing guidelines have led to a more virtual existence, both personally and professionally.

During this coronavirus time being students, have both advantages and disadvantages. I was initially happy about the virus because there was a lockdown all over India, there were no schools and colleges, and we had a great time initially enjoying all the day with playing games, watching movies right from the morning to night. There are no significant advantages because there is a huge loss in jobs, lives, and the economy of the Country. But speaking about the children, there are some advantages.

ADVANTAGES

*School holidays – Students can use their quality time in studying and the other activities in which they are interested. Spend time in the house by not going out and enjoy watching movies and do some craftwork.

*Time to spend with family – Best time to spend with grandparents, cousins, mother, father, and other relatives as there is ample time to relax. Moreover, everyone is working from home. There is no need to step out of the house and meet up with relatives you can pick the phone and call them and talk to them which helps build more family relations.

DISADVANTAGES

*Online Classes – Online classes, the adoption rate is around 50-60% whereas in the classroom the adoption was around 80-90%. Online classes affect the eyes of the students due to long hours in front of the blue screen. Small children like the playschool and the primary grades must not have this type of class because they have low concentration power, and these small kids do not have the ability to sit for a longer time in front of the blue screen. Lots of poor students do not have access to laptops and computer and all these students might think there should not be this disparate education.

These are the changes that happened during this corona period.

How corona has changed our lives drastically and dramatically!

By – Samvritha Kandolath – Grade 7

The recent changes brought by Corona have affected me very deeply. Staying at home for such a long time is bad for one's health. Most of the time I am on the computer. I miss real-life communication with others a lot.

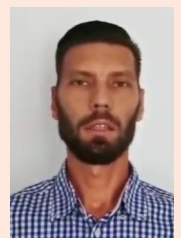
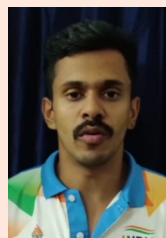
Before I used to wake up at 6 a.m., now I wake up late. I play on my phone while free. Next, I have "breakfast" and again – telephone. The exception is the days of the week when online classes start at 8.30 a.m., and I have to wake up early.

I think one can receive a good education through distance learning, if willing. But real school was more interesting because discussions with friends helped me to understand the content better.

However, during this quarantine, I have improved my calligraphy and learned various new things.

By – Sneha Kandaloth – Grade 9

Just Do it – National Sports Day



On the occasion of National Sports Day, a webinar was organised by the Physical Education Department of Peevees Public School on the topic – Tokyo Olympics 2021 – India's Voyage and Outlook. The event was celebrated in memory of Major Dhyani Chand and Dr. Saran KS the Assistant Professor and HOD of the Physical Education Department at Government College Calicut presided over it. It was an interesting session which helped everyone understand the value and importance of physical education in our country.